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| Farm to School **Farm Fresh** Menu Served in the Cafeteria at lunch time Tuesday , Wednesday & Thursday  Same Day Purchase or Pre Order Specials  **Pilot project to offer local, fresh, salads and soups to CCS students & staff**  **Sponsored by Farm to Cafeteria Canada, Centreville Community School & Strawberry Hill Farm** | | | | |
|  | **Tuesday**  Sept 22  Salad Bar & Roll | **Wed.** Sept 23  Salad Bar & Roll | **T**hurs, Sept 24  Salad Bar & Roll | **Salad Bar Items**  **Mixed Greens, Spinach,, Tomatoes, Cucumbers**  **Red Onion**  **Celery**  **Grated Carrot**  **Hard Boiled Egg or Cheese**  **WW Roll**  **Salad Dressing**  **Soup: $2.50**  **Full Course Salad: $2.50**  **Soup/ Salad Combo: $4.00**  **Side Salad or small dish one veggie of choice: $1.00** |
| **Crock+Pot+Vegetable+Beef+Soup1[1]** | **Or**  **Hamburger Vegetable Soup & WW Roll** | **Or**  **Hamburger Vegetable Soup & WW Roll** | **Or**  **Hamburger Vegetable Soup & WW Roll** |
|  | **Tuesday**  Sept 29  Salad Bar & Roll | **Wed.** Sept 30  Salad Bar & Roll | **T**hurs, Oct 1  Salad Bar & Roll |
| IMG_0343[1] | **Or**  **Chicken Vegetable Soup & Roll** | **Or**  **Chicken Vegetable Soup & Roll** | **Or**  **Chicken Vegetable Soup & Roll** |
|  | **Tuesday**  Oct 6  Salad Bar & Roll | **Wed.** Oct 7  Salad Bar & Roll | **T**hurs, Oct 8  Salad Bar & Roll |
| **Crock+Pot+Vegetable+Beef+Soup1[1]** | **Or**  **Hamburger Vegetable Soup & WW Roll** | **Or**  **Hamburger Vegetable Soup & WW Roll** | **Or**  **Hamburger Vegetable Soup & WW Roll** |

**Student Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Home Room:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Circle your order. Send money to home room teacher.**

**Purchase a Meal Card:**

3 soup or full course salads : 7.50 3 Soup & Salad: $12.00

Purchase 10 soup or full course salads: 22.50 Get next two free

Purchase 10 soup & salad combo- $40.00 Get next two free

Side salad or small dish with one veggie from salad bar of student choice: $1.00 each

10 for $10.00 with next two free

**Purchase daily at salad bar:**

Soup & Roll: $2.50

Main Course Salad & Roll: $2.50

Side Salad or 1 Veggie in small dish: $1.00